



Founding Sponsor



SPORTS SAFETY SYMPOSIUM FOR THE COMMUNITY Are YOU Sports Smart?

Sunday, May 4, 2014

Location:

Rutgers Athletic Center ~ 83 Rockafeller Road ~ Piscataway, NJ

Session I 9:00 – 11:30am

Lectures for coaches, athletic trainers, healthcare professionals and parents/guardians.

Preventing Acute/Overuse Sports Injuries

Heather W. Harnly, MD

*The Bristol-Myers Squibb Children’s Hospital
at Robert Wood Johnson University Hospital*

“Winning the Mind Game”

Mitch Abrams, Psy.D

Sports Psychology

Owner, Learned Excellence for Athletes

Concussion: The “Return to Life”

Debate Continues

Philip Cohen, MD

*Staff Physician/Sports Medicine
Rutgers Health Center*

Session II 11:30 a.m. – 4 p.m.

Kickoff, Keynote speaker, sports safety zones and player meet and greet.

Kickoff:

Malcolm Jenkins

*Defensive Back, Philadelphia Eagles; Super Bowl XLIV Champion
and former Defensive Team Captain - New Orleans Saints*

Keynote: “Believe!”

Eric LeGrand

*Former Rutgers Football Player, Author,
Source of Inspiration*

Rutgers athletes and local coaches and players to work with youth athletes on sports safety techniques

Interactive stations for youth athletes and parents/guardians covering concussion, hydration and heat illness, acute and overuse injuries, and proper equipment and physicals

“Meet and Greet” for all attendees

**Register online at www.rwjtrauma.org/sportsafety. All pre-registered youth will receive a complimentary t-shirt.
For more information call 732-418-8093**

Robert Wood Johnson University Hospital is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver, by the American Nurses Credentialing Center’s Commission On Accreditation. Provider Number P133-4/13-16.