

**RUTGERS**  
Cancer Institute  
of New Jersey  
**RUTGERS HEALTH**

**T**o schedule  
an appointment with  
the HOPE Program,  
please call **732-235-7110**.  
You will also find  
more information at:  
[www.cinj.org/geneticcounseling](http://www.cinj.org/geneticcounseling)

**Cancer genetic counseling helps  
individuals and families:**

- Recognize the role family history plays in cancer risk
- Learn more about their personal cancer risk
- Realize when genetic testing is appropriate
- Understand medical options available to manage cancer risk
- Choose individually appropriate medical strategies



Rutgers, The State University of New Jersey  
195 Little Albany Street • New Brunswick, New Jersey 08903-2681  
732-235-CINJ (2465) • [www.cinj.org](http://www.cinj.org)



**Rutgers Cancer Institute of New Jersey** is the state's only  
National Cancer Institute-designated Comprehensive Cancer Center.  
This coveted designation is awarded competitively to institutions characterized by  
scientific excellence and the ability to bring research discoveries to patients.  
**Rutgers Cancer Institute of New Jersey** delivers advanced comprehensive care  
for adults and children, conducts cutting-edge cancer research, transforms discoveries  
into clinical practice and provides education and outreach regarding cancer  
prevention, detection and treatment.

**Rutgers Cancer Institute of New Jersey**

**RUTGERS**  
Cancer Institute  
of New Jersey  
**RUTGERS HEALTH**

The **H**ereditary **O**ncology **P**revention and **E**valuation Program

THE  
**HOPE**  
PROGRAM AT THE LIFE CENTER







# The HOPE

**T**he

**Hereditary Oncology**

**Prevention and Evaluation**

**(HOPE) Program at Rutgers**

**Cancer Institute of New Jersey**

**provides comprehensive**

**genetic counseling and cancer**

**risk assessment for individuals**

**with a personal or**

**family history**

**of cancer.**

## The LIFE Center

**T**he LIFE Center at Rutgers Cancer Institute of New Jersey provides young women with information about breast cancer diagnosis, prevention and treatment. **The LIFE Center** (LPGA Pros In the Fight to Eradicate breast cancer) was established to recognize the support of professional golfer, Val Skinner, the Ladies Professional Golf Association, and the Val Skinner Foundation supporters. Through the **HOPE Program** at **The LIFE Center**, young women with a personal or family history of breast cancer can learn more about their risk to develop cancer as well as current management strategies available to help modify their risk.



**Program** is designed for anyone who is concerned about their risk of developing cancer based on his or her family history of cancer or personal medical history.

**It is especially helpful for families with:**

- Individuals diagnosed with cancer at a younger age than the average in the general population, typically less than age 50;
- Several individuals with the same type of cancer, or related cancers (such as breast and ovarian cancer, or colon and endometrial cancer);
- At least two generations affected with cancer and/or pre-cancerous lesions/multiple colon polyps;
- Several individuals with less common types of cancer (such as pancreatic cancer or ovarian cancer); or
- An individual who has had several different types of cancer.

If this describes you or your family member(s), please discuss genetic counseling with your healthcare provider.

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**You will also find more information on our web site:**

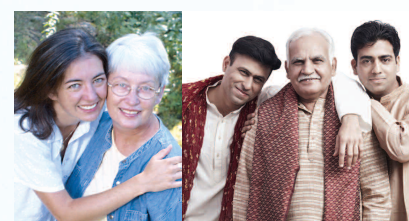
**[www.cinj.org/geneticcounseling](http://www.cinj.org/geneticcounseling)**

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**During your initial appointment with the HOPE Program, you can expect to:**

- Provide information about your personal and family medical history;
- Discuss how your personal and family medical history impact your risk for cancer;
- Learn about cancer genetics and various medical management options;
- Review the benefits and limitations of genetic testing, if appropriate;
- Meet members of our multidisciplinary **HOPE team**, including a genetic counselor, medical oncologist, surgical oncologist, gynecologic oncologist, and/or social worker, if appropriate; and
- Learn about specific federal and state laws that protect individuals from genetic discrimination.



Follow up visits may be necessary based on the discussion and recommendations at your initial appointment. Most insurance companies will cover the cost of the initial genetic counseling appointment, and many will cover the cost of genetic testing if it is medically indicated. Any specific questions or concerns can be addressed during your appointment.