



# OPTIMIZING OUTCOMES FOR Cancer Survivorship

Provided by NYU Post-Graduate Medical School



**Saturday, May 14, 2016**

**COURSE DIRECTORS**

Deborah Axelrod, MD, FACS  
Marleen Meyers, MD, FACP

**LOCATION**

NYU Langone Medical Center  
Smilow Seminar Room and Smilow MPR  
550 First Avenue  
New York, NY 10016

Register online at:  
[www.med.nyu.edu/cme/cancer](http://www.med.nyu.edu/cme/cancer)



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## COURSE INFORMATION

### COURSE DESCRIPTION

This course will focus on the current status of survivorship. Through lectures and panel discussions, the conference will provide the knowledge and understanding needed for the coordination and implementation of optimal care for cancer survivors. This course will focus on strategies for wellness and improved quality of life. Key topics of discussion will include updates on advances and research, understanding the Survivorship Care Plan, the importance of surveillance for recurrence and second primaries as well as genetics, integrative health, sexual health, pain management, cardiac care and bone health.

### TARGET AUDIENCE

Oncologists, primary care physicians, nurse practitioners, physician assistants, registered nurses, nurse practitioners, advanced practice nurses, dietitians, psychologists, social workers, medical students, nursing students and all interested clinicians

### EDUCATIONAL OBJECTIVES

At the conclusion of this activity, participants should be able to:

- Identify the benefits, effectiveness and risks of survivorship intervention
- Coordinate and implement tools to deliver care for cancer survivors and use a treatment summary and Survivorship Care Plan to improve patient quality of life
- Access current research describing the link between lifestyle changes and improving outcomes and make recommendations to their patients
- Identify, manage and refer patients to specialists who can help improve outcomes from the late effects of cancer treatment

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# FACULTY

## COURSE DIRECTORS

### **Deborah Axelrod, MD, FACS**

The Kanas Family Foundation  
Associate Professor of Surgical Oncology  
Director, Clinical Breast Services  
and Programs  
Medical Director, Community  
Outreach and Education  
Perlmutter Cancer Center at NYU Langone

### **Marleen Meyers, MD, FACP**

Assistant Professor of Medicine  
NYU School of Medicine  
Director of Survivorship  
Perlmutter Cancer Center at NYU Langone

## Guest Faculty

### **Julia H. Rowland, PhD**

Director, Office of Cancer Survivorship  
Division of Cancer Control  
and Population Sciences  
National Cancer Institute, NIH/DHHS

## NYU School of Medicine Faculty

### **Jiyoung Ahn, PhD, MS, RD**

Associate Professor of Population  
Health and Environmental Medicine

### **Joseph Alukal, MD**

Assistant Professor of Urology and  
Obstetrics and Gynecology

### **Arjun V. Balar, MD**

Assistant Professor of Medicine  
Perlmutter Cancer Center Faculty

### **Abraham Chachoua, MD**

The Jay and Isabel Fine Professor of Oncology  
Professor of Urology  
Perlmutter Cancer Center Faculty

### **Nieca Goldberg, MD**

Clinical Associate Professor of Medicine

### **Amber A. Guth, MD**

Associate Professor of Surgery  
Perlmutter Cancer Center Faculty

### **Tomas Kirchhoff, PhD**

Assistant Professor of Population  
Health and Environmental Medicine  
Perlmutter Cancer Center Faculty

### **Lawrence P. Leichman, MD**

Professor of Medicine  
Perlmutter Cancer Center Faculty

### **Nicole Noyes, MD**

Professor of Obstetrics and Gynecology

### **Eva Pendleton, MA, LMT**

Manager of Integrative Health  
Perlmutter Cancer Center Faculty

### **Paula Rackoff, MD**

Clinical Associate Professor of Medicine

### **Bruce G. Raphael, MD**

Clinical Professor of Medicine  
Perlmutter Cancer Center Faculty

### **Julia Smith, MD, PhD**

Clinical Professor of Medicine  
Perlmutter Cancer Center Faculty

### **Melissa Wilson, MD, PhD**

Assistant Professor of Medicine  
Perlmutter Cancer Center Faculty

# GENERAL INFORMATION

## ACCREDITATION STATEMENT

The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## CREDIT DESIGNATION STATEMENT

The NYU Post-Graduate Medical School designates this live activity for a maximum of 6.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## DISCLOSURE STATEMENT

The NYU Post-Graduate Medical School adheres to ACCME accreditation requirements and policies, including the Standards for Commercial Support regarding industry support of continuing medical education. In order to resolve any identified conflicts of interest, disclosure information is provided during the planning process to ensure resolution of any identified conflicts. Disclosure of faculty and commercial relationships, as well as the discussion of unlabeled or unapproved use of any drug, device or procedure by the faculty, will be fully noted at the meeting.

## LOCATION

NYU Langone Medical Center  
550 First Avenue  
Smilow Seminar Room/Smilow MPR  
New York, NY 10016

## COURSE FEES

**Full Fee:** \$175

**Reduced Fee\*:** \$90

**NYU Langone Faculty and Staff:** \$90

**Residents & Fellows:** Waived

\*Reduced fee applies to NYU School of Medicine alumni, former residents and fellows; physicians employed by the Department of Veterans Affairs Medical Center; full-time active military personnel; nurse practitioners; retired physicians; and all other non-physician healthcare professionals



**7:00 am Registration and Continental Breakfast**

**8:00 Opening Remarks**  
Abraham Chachoua, MD

## **Survivorship Care**

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**Moderator:** Marleen Meyers, MD, FACP

**8:15 Survivorship Care Plan and Overview**  
Marleen Meyers, MD, FACP

**8:35 Breast Cancer**  
Amber A. Guth, MD

**8:55 Colorectal Cancer**  
Lawrence P. Leichman, MD

**9:15 Prostate/Testicular Cancer**  
Arjun V. Balar, MD

**9:35 Hematology**  
Bruce G. Raphael, MD

**9:55 Melanoma**  
Melissa Wilson, MD, PhD

**10:15 Indications for Genetic Testing**  
Julia Smith, MD, PhD  
Tomas Kirchhoff, PhD

**10:35 Panel Question & Answer**

**11:00 Coffee Break**

**11:20 Cancer Survivorship: Beyond Just a Movement to a Philosophy of Care (Keynote Address)**  
Julia H. Rowland, PhD

**12:20 pm Lunch**

## **Management of the Late Effects of Cancer Treatment and Comorbidities**

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**Moderator:** Jiyoung Ahn, PhD, MS, RD

**1:20 Sexual Health & Fertility Options for Men & Women**  
Nicole Noyes, MD  
Joseph Alukal, MD

**1:40 Cardiac Care**  
Nieca Goldberg, MD

**2:00 The Role of Integrative Health**  
Eva Pendleton, MA, LMT

**2:20 Incidence and Surveillance of Second Cancers**  
Marleen Meyers, MD, FACP

**2:40 Bone Health**  
Paula Rackoff, MD

**3:00 The Role of Providers: Whose Domain is it Any Way?**  
Deborah Axelrod, MD, FACS

**3:20 Panel Question & Answer**

**3:40 pm Adjourn**



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**PLEASE PRINT ALL INFORMATION CLEARLY  
IN BLOCK LETTERS AND NUMBERS.**

Register online at  
[www.med.nyu.edu/cme/cancer](http://www.med.nyu.edu/cme/cancer)

After 12 pm on May 12, 2016, only onsite registration is available, provided the course has not reached capacity. Onsite registrants will incur an additional \$20 charge and will receive a receipt by email in 1–2 weeks. Registration is non-transferable.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

## COURSE CONFIRMATION:

Please supply your email address to receive a confirmation letter. Make sure your email address is clearly written.

Degree \_\_\_\_\_ Day Phone ( ) \_\_\_\_\_ Fax ( ) \_\_\_\_\_

Email \_\_\_\_\_ Specialty \_\_\_\_\_

(REQUIRED FOR CME CREDIT)

## COURSE FEES

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☐ **Reduced Fee\*:** \$90

☐ **NYU Langone Faculty and Staff:** \$90

☐ **Residents & Fellows:** Waived

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**METHODS OF PAYMENT:** (Cash, email and phone registration are not accepted) If faxing, do not mail or refax. This will only result in a duplicate charge to your account. Registration is non-transferable.

☐ Check in U.S. Dollars only: \$ \_\_\_\_\_

☐ Credit Card Payment (see below)

☐ International Postal Money Order: \$ \_\_\_\_\_  
(Foreign registrants, including those from Canada, must pay by International Postal Money Order or credit card.)

### MAKE CHECK PAYABLE TO:

NYU Post-Graduate Medical School

### SEND PAYMENT TO:

New York University School of Medicine  
P.O. Box 419252  
Boston, MA 02241-9252

**REFUND POLICY:** In order to request a refund, you must email [maria.mercado@nyumc.org](mailto:maria.mercado@nyumc.org) **no later than 14 days prior to the first day of the course. An administrative fee of \$75 will be deducted from your refund.** Cancellations or no-shows after this date are not eligible for a refund. Fax and email cancellations are not accepted. **COURSE CANCELLATION POLICY:** If a course is cancelled due to inclement weather, insufficient enrollment, or any other reason, NYU PGMS will refund registration fees in full. NYU PGMS will provide at least two weeks' advance notice if cancelling due to insufficient enrollment and as soon as possible in all other circumstances. NYU PGMS is not responsible for any airfare, hotel, or other non-cancellable costs incurred by the registrant.

**PAYMENT BY CREDIT CARD:** Credit card payments may be faxed to (212) 263-5293.

Bill To: ☐ Visa ☐ MasterCard ☐ American Express Amount to be charged: \$ \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVV Code \_\_\_\_\_

Card Member's Name \_\_\_\_\_ Signature \_\_\_\_\_

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Special needs or requests: \_\_\_\_\_



Post-Graduate Medical School  
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New York, NY 10016

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NEW YORK, NY  
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A photograph of two runners, a man and a woman, jogging on a paved road that curves through a green, hilly landscape under a cloudy sky. The man is in the foreground, wearing a blue long-sleeved shirt and black shorts. The woman is slightly behind him, wearing a light blue long-sleeved shirt and black shorts.

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