

RWJBarnabas
HEALTH

RUTGERS
Cancer Institute
of New Jersey
RUTGERS HEALTH



To schedule an appointment with the HOPE Program, please call **732-235-7110**. You will also find more information at: cinj.org/geneticcounseling

Cancer genetic counseling helps individuals and families:

- Recognize the role family history plays in cancer risk
- Learn more about their personal cancer risk
- Realize when genetic testing is appropriate
- Understand medical options available to manage cancer risk
- Choose individually appropriate medical strategies



195 Little Albany Street • New Brunswick, New Jersey 08903-2681
Rutgers, The State University of New Jersey
732-235-CINJ (2465) • cinj.org



Rutgers Cancer Institute of New Jersey is the state's only National Cancer Institute-designated Comprehensive Cancer Center. This coveted designation is awarded competitively to institutions characterized by scientific excellence and the ability to bring research discoveries to patients. In partnership with **RWJ Barnabas Health, Rutgers Cancer Institute of New Jersey** provides advanced, comprehensive care for adults and children, conducts cutting-edge cancer research, transforms discoveries into clinical practice, and provides education and outreach on cancer prevention, detection and treatment.

Rutgers Cancer Institute of New Jersey

RWJBarnabas
HEALTH

RUTGERS
Cancer Institute
of New Jersey
RUTGERS HEALTH



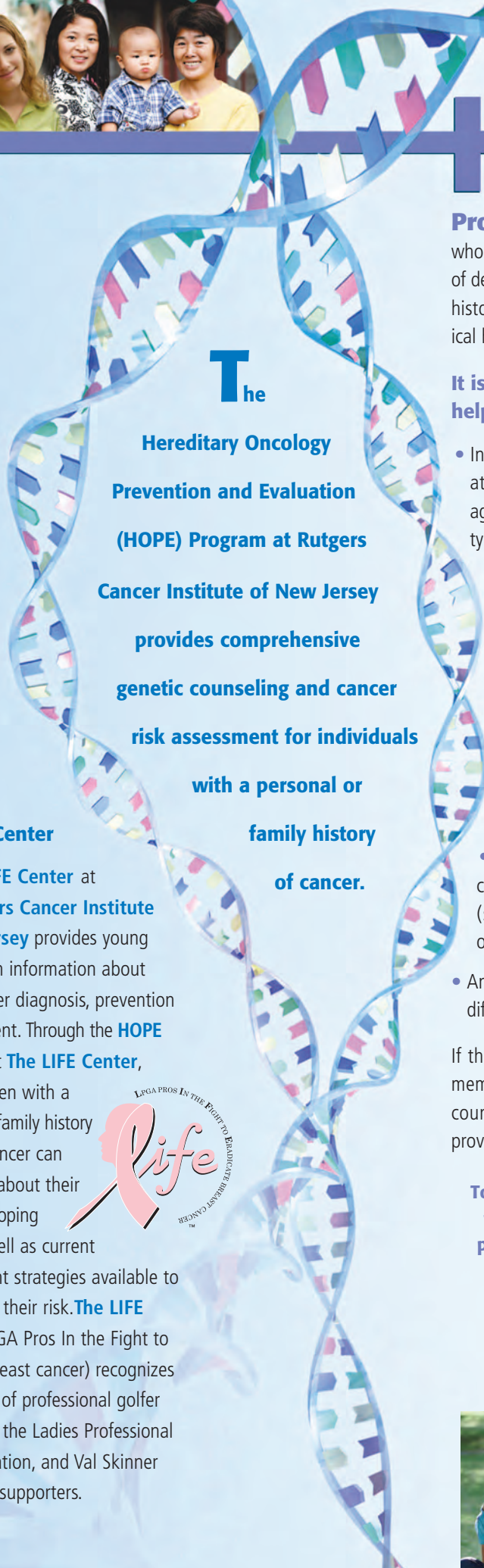
The **Hereditary Oncology Prevention and Evaluation Program**

THE
HOPE
PROGRAM AT THE LIFE CENTER





The HOPE



The

Hereditary Oncology

Prevention and Evaluation
(HOPE) Program at Rutgers

Cancer Institute of New Jersey
provides comprehensive
genetic counseling and cancer
risk assessment for individuals

with a personal or
family history
of cancer.

The LIFE Center

The LIFE Center at Rutgers Cancer Institute of New Jersey provides young women with information about breast cancer diagnosis, prevention and treatment. Through the HOPE Program at The LIFE Center, young women with a personal or family history of breast cancer can learn more about their risk of developing cancer as well as current management strategies available to help modify their risk. The LIFE Center (LPGA Pros In the Fight to Eradicate breast cancer) recognizes the support of professional golfer Val Skinner, the Ladies Professional Golf Association, and Val Skinner Foundation supporters.



Program is designed for anyone who is concerned about their risk of developing cancer based on family history of cancer or personal medical history.

It is especially helpful for families with:

- Individuals diagnosed with cancer at a younger age than the average in the general population, typically less than age 50;
- Several individuals with the same type of cancer, or related cancers (such as breast and ovarian cancer, or colon and endometrial cancer);
- At least two generations affected with cancer and/or pre-cancerous lesions/multiple colon polyps;
- Several individuals with less common types of cancer (such as pancreatic cancer or ovarian cancer); or
- An individual who has had several different types of cancer.

If this describes you or your family member(s), please discuss genetic counseling with your healthcare provider.



To arrange an appointment with the HOPE Program, please call 732-235-7110.

For additional information, visit: www.cinj.org/geneticcounseling.



During your initial appointment with the HOPE Program, you can expect to:

- Provide information about your personal and family medical history;
- Discuss how your personal and family medical history impact your risk for cancer;
- Learn about cancer genetics and various medical management options;
- Review the benefits and limitations of genetic testing, if appropriate;
- Meet members of our multidisciplinary HOPE team, including a genetic counselor, medical oncologist, surgical oncologist, gynecologic oncologist, and/or social worker, if appropriate; and



- Learn about specific federal and state laws that protect individuals from genetic discrimination.

Follow up visits may be necessary based on the discussion and recommendations at your initial appointment. When medically indicated, most insurance companies cover the cost of genetic testing and there are financial assistance programs to assist in coverage for those who don't have insurance or who are underinsured. Any specific questions or concerns can be addressed during your appointment.