

Helpful Online/Support Resources

American Cancer Society: Helps with getting information about cancer, treatment, and coping with side effects. Support information, such as Look Good Feel Better program, wigs and other support services available; www.cancer.org or 800- 227-2345

Blood & Marrow Transplant Information Network: Dedicated to providing transplant patients, survivors and their loved ones with emotional support and high quality information; www.bmtinfonet.org

Be the Match: Operated by the National Marrow Donor Program, they have managed the largest and most diverse marrow registry in the world. They work every day to save lives through transplant; www.bethematch.org

The Leukemia and Lymphoma Society: The voice for all blood cancer patients. They work to ensure access to treatments for all blood cancer patients; www.lls.org

Cancer Care: Educational workshops, financial assistance and support groups; short term counseling with social workers; www.cancercare.org or 800- 813-HOPE (4673)

Cancer Support Community: Support programs to help you learn skills to cope, regain control, reduce isolation and maintain hope; www.cancersupportcommunity.org or 888-793-9355

Cancer Hope Network: Talk to someone who has “been there”. Get matched with a trained volunteer cancer survivor; www.cancerhopenetwork.org or 800- 552-4366

Stupid Cancer: Are you between the ages of 15-39? Thinking, “I am too young for this”? www.stupidcancer.org or 877- 735-4673

****If you need assistance with any of these websites please don't hesitate to contact your nurse navigator.**



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Your Hematology/Oncology Nurse Navigator

Guiding the Way for Patients with Cancer



Rutgers Cancer Institute of New Jersey:

Rutgers Cancer Institute of New Jersey is the state's only National Cancer Institute-designated Comprehensive Cancer Center. This designation is awarded to institutions that demonstrate scientific excellence and the ability to offer its patients access to the latest treatment options including state-of-the-art clinical trials. Rutgers Cancer Institute delivers advanced care, conducts cutting-edge cancer research, transforms discoveries into clinical practice and provides education and outreach regarding cancer prevention, detection and treatment.

Oncology Nurse Navigator Program:

The Oncology Nurse Navigator Program at Rutgers Cancer Institute of New Jersey is designed to guide patients and their families through the challenges of diagnosis and during the treatment process.

The goal of the navigator is to assist with any barriers, and to make sure that you are receiving the best possible care. Your navigator is here to help you and your family.

Your Hematology/Oncology Nurse Navigator is:

- An oncology certified nurse
- A dedicated, compassionate, professional with extensive knowledge of hematologic malignancies
- Able to provide education regarding treatment and stem cell transplantation, if appropriate

As an advocate for you, the nurse navigator will:

- Provide individualized attention
- Educate and support you once treatment options have been presented by your doctors
- Coordinate care as appropriate
- Assist with transition from diagnosis to treatment
- Refer you to appropriate support services and community resources to help you and your family cope with the stresses of diagnosis and treatment



The following support services are available to patients:

- Social Work services, classes, support groups, and counseling are provided at the Cancer Institute. For more information, please call 732-235-6792, or visit www.cinj.org/patientsupportservices.
- A variety of groups and activities are available to you and your family/caregivers while you are in the hospital. These include massage, art activities, music therapy, journaling, and tools for stress management. A calendar of events should be in your hospital admission packet. If interested, you can contact the Integrative Therapy Program at 732-253-3928 for more information.
- Chaplain services are available, which can provide support and guidance. They can be reached at 732-828-3000, extension 8504.
- The **Resource and Learning Center** at Rutgers Cancer Institute is available for you and your family. If interested, contact the Resource Librarian at 732-235-9639 or visit www.cinj.org/rlc.