

**The Cancer Institute of New Jersey  
provides comprehensive genetic  
counseling and cancer risk  
assessment for individuals  
with a personal and/or  
family history  
of cancer.**

**To arrange  
an appointment with  
the HOPE Program,  
please call  
732/235-7110.**

**You will also find more  
information on our web site:**

**[http://www.cinj.org/treatment/life\\_center.html](http://www.cinj.org/treatment/life_center.html)**

- Cancer genetic counseling helps  
individuals and families:**
- Recognize the role family history plays in cancer risk;
    - Learn more about their personal cancer risk;
    - Realize when genetic testing is appropriate;
  - Understand medical options available to manage cancer risk; and
  - Choose individually appropriate medical strategies.



**Affiliate Hospitals:**

Bayshore Community Hospital • Centra-  
State Healthcare System • Cooper Uni-  
versity Hospital (CINJ at Cooper)\* • Jersey Shore University Medical  
Center • JFK Medical Center • Monmouth Medical Center • Robert Wood  
Bay Medical Center • Robert Wood  
Johnson University Hospital at Hamilton

*\*Academic Affiliate*

(CINJ-Hamilton) • Saint Peter's Uni-  
versity Hospital • Somerset Medical  
Center • Southern Ocean County Hosp-  
ital • The University Hospital/UMDNJ-  
New Jersey Medical School • Uni-  
versity Medical Center at Princeton.

**Partner Hospitals:**

Robert Wood Johnson University  
Hospital • Atlantic Health (Morristown  
Memorial Hospital • MountainSide  
Hospital • Overlook Hospital).

**T**hrough its Network of hospitals, the  
research of The Cancer Institute of New  
Jersey is statewide providing the best  
cancer care and the most advanced  
new medicines out in the community.

**The Cancer Institute of New Jersey Network**

**The Cancer Institute of New Jersey**  
is one of only 39 National  
Cancer Institute-designated  
Comprehensive Cancer Centers in the  
nation and the  
only one in New  
Jersey. The Cancer In-  
stitute of New Jersey  
(CINJ) is dedicated  
to improving the  
prevention, detec-  
tion, treatment and  
care of patients with  
cancer. Comprehensive care is provid-  
ed at CINJ by a team of international-  
ly recognized healthcare profession-  
als including physicians, nurses,  
clinical researchers, genetic coun-  
selors and social workers that care  
for the patient, as well  
as the family. CINJ's  
physician-scientists  
engage in translational  
research, transforming  
their laboratory dis-  
covers into clinical  
practice and continual-  
ly improving the stan-  
dards of care. CINJ offers unprece-  
dented access to clinical trials and the  
latest treatment options.



195 Little Albany Street  
New Brunswick, NJ 08903-2681  
www.cinj.org

**The Cancer Institute of New Jersey**



**The Hereditary Oncology Prevention and Evaluation Program**

**THE  
HOPE  
PROGRAM** ■ Providing genetic  
counseling and risk assessment at  
The Cancer Institute of New Jersey







# The HOPE

During your initial appointment with the HOPE Program, you can expect to:

- Provide information about your personal and family medical history;
- Discuss how your personal and family medical history impact your risk for cancer (cancer risk assessment);
- Learn about cancer genetics and various medical management options;
- Review the benefits and limitations of genetic testing, if appropriate;
- Meet members of our multidisciplinary **HOPE team**, including a genetic counselor, medical oncologist, surgical oncologist, gynecologist, gastroenterologist, clinical psychologist and/or social worker, if appropriate; and
- Learn about specific federal and state laws that protect individuals from genetic discrimination.



Follow up visits may be necessary based on the discussion and recommendations at your initial appointment. Most insurance companies will cover the cost of the initial genetic counseling appointment, and many will cover the cost of genetic testing if it is medically indicated. Any specific questions or concerns can be addressed during your appointment.

**Program** is designed for anyone who is concerned about their risk to develop cancer based on his or her family history of cancer, or his or her own personal medical history.

It is especially helpful for families with:

- Individuals diagnosed with cancer at a younger age than the average in the general population, typically less than age 50;
- Several individuals with the same type of cancer, or related cancers (such as breast cancer and ovarian cancer, or colon cancer and endometrial cancer);
- At least two generations affected with cancer and/or pre-cancerous lesions;
- Several individuals with less common types of cancer (such as pancreatic cancer or ovarian cancer); or
- An individual who has had several different types of cancer.

If this describes you or your family member(s), please discuss genetic counseling with your health care provider.

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The

Hereditary Oncology

Prevention and Evaluation

(HOPE) Program at

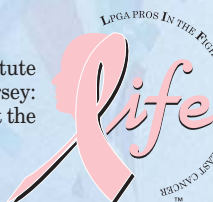
The Cancer Institute of New Jersey provides comprehensive genetic counseling and cancer risk

assessment for individuals with a personal and/or family history of cancer.

The HOPE Program at the LIFE Center

The LIFE Center at The Cancer Institute of New Jersey provides young women with information about breast cancer education, prevention and treatment. The LIFE Center (LPGA Pros In the Fight to Eradicate breast cancer) was established in 2002 to recognize the support and advocacy of professional golfer, Val Skinner, the Ladies Professional Golf Association, and their sponsors. Through the HOPE Program at the LIFE Center, young women with a personal or family history of breast cancer can learn more about their personal risk to develop cancer as well as current medical management strategies available to them to help modify their risk.

The Cancer Institute of New Jersey: Providing HOPE at the



Center