







## FREE Patient Education Program

## Frankly Speaking About Cancer: Eating Well With Head & Neck Cancer

## September 23, 2020 2:00pm - 3:30pm

People with a head and neck cancer diagnosis and their caregivers are invited to join us to see how they can eat a nutritious and affordable diet and learn the following:

- -Why nutrition is an important part of head and neck cancer treatment
- -How to manage common head and neck cancer eating problems during treatment and into survivorship
- -Common problems for long term survivors and coping tips
- -See a demonstration of easy recipes to help manage head and neck cancer eating challenges



Questions? Contact Kyle Jachim, LSW at 908-658-5400 x3 or kjachim@cancersupportcnj.org

## Featured Speakers

Elisa England, MS, RDN, Newtritious You Lori Magoulas, PhD, RD, Rutgers Cancer Institute of New Jersey

