

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Aug 2021**  
**Circle**  
**of Support**

2

3



4

5

6

**Mindfulness**  
**Meditation**  
**8 AM**



9

**Time to Talk**  
**Breast Cancer**  
**Support Group**  
**2 PM**

10

11

**Living with**  
**Cancer**  
**Support Group**  
**7 PM**

12

13



*All support groups  
and programs  
are  
**free** & open  
to anyone impacted  
by cancer*

16



17

**Guided**  
**Imagery**  
**2 PM**

18

19

**Mindfulness**  
**Meditation**  
**5 PM**

20

**Support Groups – Blue**  
**Mindfulness/Relaxation**  
**Groups - Pink**  
**Educational – Green**  
**Special Event Program - Red**

23

**Time to Talk**  
**Breast Cancer**  
**Support Group**  
**2 PM**

24

25

**Living with**  
**Cancer**  
**Support Group**  
**7 PM**

26



27

**Living with Loss**  
**General**  
**Bereavement**  
**Support Group**  
**1 PM**

*Due to current  
restrictions,  
supportive programs  
will be held  
via Zoom*

30

**Newly Diagnosed:**  
**What to Expect...**  
**Support & Education for**  
**Breast Cancer**  
**1 PM**

31

**Guided**  
**Imagery**  
**2 PM**

*Would you like to  
join us? Please call  
732-235-6792  
for information  
and to be provided  
the Zoom link*

