Fluid Intake

Fluid is very important because it provides a way to flush out toxins, keeps the mouth and other parts of the body moist, and prevents dehydration. Keeping track of fluid intake is important for some people with cancer who have difficulty drinking and eating, or when certain chemotherapy is given. On this page, record the amount of fluid taken by mouth. This includes Jell-O®, broths, popsicles, as well as other fluids.

Date	Time	Type of Fluid	Amount

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