

# New Resources in the Library

## September 2014



### Books

- **A Helping Hand** - A guide to financial resources for cancer patients.
- **Chemo and Me** - An inspirational, upbeat story of one woman's hair loss experience.
- **Confíe en el Mañana: guía para el tratamiento del cáncer de seno** - Spanish version of Be a Survivor. Covers patient interviews and the latest developments in breast cancer management.
- **Elder Care Assistance** - A practical guide covering health, financial and legal considerations.
- **The Juicing Bible** - Recipes and advice on health concerns including information on uses and healing properties of fruits, vegetables and herbs.
- **Let My Colors Out** - A comforting book for young children of cancer patients, helping them through a range of emotions and offering hope for the future.
- **Mayo Clinic: The Essential Diabetes Book** - Cutting edge information on the prevention and control of all types of diabetes. Includes an eating plan and recipes.
- **Mayor Bienestar: Para los Pacientes con Cáncer Próstático** - Information on prostate cancer prevention, diagnosis and treatment. In Spanish.
- **Own Your Cancer: A Take Charge Guide for the Recently Diagnosed and Those That Love Them** - An experienced cancer doctor translates the challenging medical and psychological issues facing the cancer patient into lay terms. Includes personal guidance gathered from real patient experiences.
- **Power Foods for the Brain** - A 3-step plan to protect your mind and strengthen your memory.
- **Lily Oncology On Canvas: Expressions of a Cancer Journey** - An inspirational exhibition of art by people touched by cancer.
- **The Long and the Short of It: A Tale About Hair** - This picture book follows two young girls with hair problems. One wants longer hair while the other, who has lost her hair during cancer treatment, would just like to have it back.
- **The Ostomy Book: Living Comfortably with Colostomies, Ileostomies and Urostomies** - A story of the entire ostomy experience from diagnosis through living well afterwards. (updated)
- **When Tumor is the Rumor and Cancer is the Answer** - A comprehensive book for newly diagnosed cancer patients and their families.