

Cancer Risks Associated With Germline Mutations in *MLH1*, *MSH2*, and *MSH6* Genes in Lynch Syndrome

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THE LYNCH SYNDROME, ALSO known as hereditary nonpolyposis colorectal cancer syndrome, accounts for 3% to 5% of all colorectal cancers and is an autosomal dominant cancer-susceptibility disorder caused by germline mutations in 4 mismatch repair (MMR) genes.

For editorial comment see p 2351.

Context Providing accurate estimates of cancer risks is a major challenge in the clinical management of Lynch syndrome.

Objective To estimate the age-specific cumulative risks of developing various tumors using a large series of families with mutations of the *MLH1*, *MSH2*, and *MSH6* genes.

Design, Setting, and Participants Families with Lynch syndrome enrolled between January 1, 2006, and December 31, 2009, from 40 French cancer genetics clinics participating in the ERISCAM (Estimation des Risques de Cancer chez les porteurs de mutation des gènes MMR) study; 537 families with segregating mutated genes (248 with *MLH1*; 256 with *MSH2*; and 33 with *MSH6*) were analyzed.

Main Outcome Measure Age-specific cumulative cancer risks estimated using the genotype restricted likelihood (GRL) method accounting for ascertainment bias.

Results Significant differences in estimated cumulative cancer risk were found between the 3 mutated genes ($P = .01$). The estimated cumulative risks of colorectal cancer by age 70 years were 41% (95% confidence intervals [CI], 25%-70%) for *MLH1* mutation carriers, 48% (95% CI, 30%-77%) for *MSH2*, and 12% (95% CI, 8%-22%) for *MSH6*. For endometrial cancer, corresponding risks were 54% (95% CI, 20%-80%), 21% (95% CI, 8%-77%), and 16% (95% CI, 8%-32%). For ovarian cancer, they were 20% (95% CI, 1%-65%), 24% (95% CI, 3%-52%), and 1% (95% CI, 0%-3%). The estimated cumulative risks by age 40 years did not exceed 2% (95% CI, 0%-7%) for endometrial cancer nor 1% (95% CI, 0%-3%) for ovarian cancer, irrespective of the gene. The estimated lifetime risks for other tumor types did not exceed 3% with any of the gene mutations.

Conclusions *MSH6* mutations are associated with markedly lower cancer risks than *MLH1* or *MSH2* mutations. Lifetime ovarian and endometrial cancer risks associated with *MLH1* or *MSH2* mutations were high but do not increase appreciably until after the age of 40 years.

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Nearly 90% are located in *MLH1* and *MSH2* and approximately 10% in *MSH6* and *PMS2*.¹ Carriers of MMR gene mutations are at high risk of early-onset colorectal and endometrial cancer. The Lynch syndrome spectrum also includes tumors of the ovaries, small bowel, urothelium, biliary tract, and stomach.^{1,2} Lynch syndrome is generally suspected if there is familial aggregation of Lynch syndrome-associated cancers using criteria such as Amsterdam II or Bethesda^{3,4} or a tumor phenotype showing high DNA microsatellite instabil-

ity.⁵ The diagnosis is based on the finding of an MMR gene mutation.

Management guidelines have been developed for MMR mutations carriers, but among issues remaining to be addressed are the optimal age for starting colonoscopy or for considering gynecological risk-reducing surgery.⁶⁻⁸

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Having more accurate knowledge of the age-dependent cancer risks associated with MMR gene mutations would help in improving preventive strategies. These risks are still not well established and have generally been overestimated. Indeed, studies based on recruitment through cancer genetics clinics have not usually corrected for the selection bias caused by an overrepresentation of families with multiple cases of cancer in the data set.⁹ The use of more appropriate methods has yielded lower estimates, but studies have been too small to allow the risks associated with each MMR gene to be reliably and accurately determined.¹⁰⁻¹³

We estimated the specific cancer risks associated with mutations in *MLH1*, *MSH2*, and *MSH6* genes by analyzing a large nationwide sample of families with Lynch syndrome using methods that account for ascertainment bias.

METHODS

Recruitment of Families

Since 1991 in France, patients suspected of having Lynch syndrome have been referred for genetic counseling at cancer genetics clinics, and MMR gene screening has been offered when their families met the Amsterdam I or II or other less stringent criteria.⁷ All French cancer genetics clinics agreed to participate in the nationwide ERISCAM (Estimation des Risques de Cancer chez les porteurs de mutation des gènes MMR) study, conducted under the leadership of the French Cancer Genetics Network. Data collection involved 2 steps.

First, the anonymous pedigrees of all families in which the proband carried a pathogenic MMR germline mutation were collected. Families informative for the analysis were selected if the genotypic status of at least 1 relative of the proband was known (see "Statistical Analysis").

Second, for all members of these informative families, the following data were collected: sex, year of birth, age at last follow-up, or death and history

of cancer (tumor site, age at diagnosis) if applicable. When possible, cancer diagnoses were confirmed by medical or pathology report. When medical files were not available (many had been destroyed 20 years after the diagnosis, as permitted by French law), diagnoses were judged highly probable based on medical history obtained through an interview of the proband. Data were also collected on mutation status if tested, on modalities of colonoscopic surveillance, and whether any colorectal or gynecological surgery had been performed. These data were obtained in each center from the proband's records and supplemented when possible by self-administered questionnaires completed by the probands and their relatives.

All participants undergoing genetic testing gave signed informed consent. Ethical and legal aspects of the study were approved by the French National Committees for personal data protection in medical research.

Molecular Screening

Molecular analysis of the MMR genes was performed in 15 French laboratories that have participated since 2003 in a collaborative network to standardize the techniques used and to provide expertise in the unclassified variants in MMR genes. Systematic screening for point mutations in the *MSH2* (RefSeq NM_000251), *MLH1* (RefSeq NM_000249), and *MSH6* (RefSeq NM_000179) genes using DNA sequencing was performed on DNA from each proband. Complementary searches for large genomic rearrangements in these genes were performed by multiplex ligation-dependent probe amplification or quantitative multiplex polymerase chain reaction of short fluorescent fragments according to the results of tumor phenotype (microsatellite instability status or immunohistochemistry analysis of the MMR proteins). All mutations detected in the study were second evaluated (S.O. and Qing Wang, MD, PhD, Centre Léon Bérard, Lyon) to assign their pathogenicity. This was mainly relevant for the

classification of variants of uncertain significance on the basis of functional assays, in silico models, segregation data, and microsatellite instability status of the tumors.

Statistical Analysis

Because mutation carriers are most often detected in families with multiple cases of cancer, a correction is necessary when estimating age-specific cumulative cancer risks. This was achieved by using the genotype-restricted likelihood (GRL) method, a maximum likelihood parametric method providing unbiased penetrance estimates irrespective of the criteria used for family selection.¹⁴ The GRL uses all available information in families in which 1 or several mutation carriers are identified by calculating a likelihood conditioned on the phenotypes of all family members (retrospective likelihood). Family members who are not genotyped are useful for risk analysis through their probability of being a carrier, whatever their phenotype. The likelihood is also conditioned on the proband being a carrier because genotypes are available in relatives only if a mutation has been detected in the proband. This correction implies that families are informative only if at least 1 family member other than the proband has been tested for the mutation.¹⁰ We applied the extended version of the GRL method taking into account the possibility of multiple trait phenotypes, as proposed by Bonaiti et al¹⁵ using the GENERISK software.

For the estimation of colorectal cancer risks, unaffected individuals were censored at the time of first colonoscopy, if applicable, because colonoscopy screening is known to reduce the risk of colorectal cancer.¹⁶ For endometrial and ovarian cancer risks, women were censored at the time of hysterectomy or oophorectomy, respectively, if applicable. Parameters for non-carriers were fixed according to the age-specific cancer incidence in the French population.¹⁷ The 95% confidence intervals (CIs) were computed with the bootstrap method.

Analyses were conducted separately for *MSH2*, *MLH1*, and *MSH6* genes and for men and women. Homogeneity was assessed using a likelihood ratio test with an a priori 5% threshold of significance (2-sided).

RESULTS

Study Population

Forty centers participated in the ERISCAM study. Of 1052 eligible families recruited during 2006, 537 were informative for the analysis (248 with *MLH1*, 256 with *MSH2*, and 33 with *MSH6* mutations) and were included in this study between January 1, 2007, and December 31, 2009. The characteristics of the families and mutations are summarized in TABLE 1. Amsterdam I or II

criteria were fulfilled by 52.3% of the families. Microsatellite instability status was known for 30.7% of families and identified as high DNA microsatellite instability for 26.8%. A total of 303 mutations (127 with *MLH1*, 151 with *MSH2*, and 25 with *MSH6*) were identified (eTable 1, available at <http://www.jama.com>); 211 mutations (69.6%) were found in a single family, 16 (5.3%) in 5 or more families, and the most frequent mutation (*MLH1*, c.1852_1854del; p.Lys618del) in 30 families (5.5%). Overall, 18 mutations (detected in 35 families) were classified as variants of uncertain significance.

The characteristics of the 10 283 family members included in the study according to mutation and cancer status are

described in eTable 2. Sixty-three percent of the cancer cases were confirmed by medical or pathology reports. The rates were 50.9% for colorectal cancer, 83.9% for endometrial cancer, and 82.3% for ovarian cancers. As shown in TABLE 2, Lynch syndrome-associated cancers were observed in 1787 patients, with 231 patients affected by multiple primary tumors. Compared with families with the *MSH6* mutation, younger ages at diagnosis were observed among families carrying *MLH1* and *MSH2* gene mutations ($P = .001$).

Penetrance Estimates

The cumulative risks of Lynch syndrome-associated cancer for men by age 50 years was estimated to be 18% (95% CI, 12%-27%) and 45% (95% CI, 32%-59%) by age 70 years. For women, it was estimated to be 19% (95% CI, 14%-28%) by age 50 years and 54% (95% CI, 41%-70%) by age 70 years. There was no significant difference according to sex ($P = .87$). By age 70 years, these risks were similar for *MLH1* and *MSH2* mutation carriers but significantly lower for those with *MSH6* gene mutations: 59% (95% CI, 44%-79%) for *MLH1*, 57% (95% CI, 38%-78%) for *MSH2*, and 25% (95% CI, 17%-41%) for *MSH6* ($P = .01$).

The penetrance curves for colorectal cancer in men and women and for endometrial and ovarian cancer are shown in the FIGURE. The estimated cumulative colorectal cancer risks by age 70 years were 38% (95% CI, 25%-59%) for men and 31% (95% CI, 19%-50%) for women. These risks were 33% (95% CI, 16%-57%) for endometrial cancer and 9% (95% CI, 4%-31%) for ovarian cancer.

Age-specific cumulative risks for each main Lynch syndrome-associated cancer according to the gene involved are provided in TABLE 3 (for details, see eTables 3 and 4 available at <http://www.jama.com>) For colorectal cancer, the estimated cumulative risks by age 70 years were 41% (95% CI, 25%-70%) for *MLH1* mutation carriers, 48% (95% CI, 30%-77%) for *MSH2*, and 12% (95% CI, 8%-22%) for *MSH6*. The estimated cumulative risks in carriers did not begin

Table 1. Characteristics of Families With Lynch Syndrome Recruited for the Study

	No. (%) of Pedigrees			
	Total (N = 537)	<i>MLH1</i> (n = 248)	<i>MSH2</i> (n = 256)	<i>MSH6</i> (n = 33)
Pedigrees, %		46.2	47.7	6.1
Recruitment criteria				
Complete Amsterdam I or II criteria	281 (52.3)	143 (57.7)	123 (48.0)	15 (45.5)
Incomplete Amsterdam criteria	208 (38.7)	87 (35.1)	107 (41.8)	14 (42.4)
Isolated early-onset CRC	25 (4.7)	11 (4.4)	12 (4.7)	2 (6.1)
Multiple primary tumors	16 (3.0)	4 (1.6)	12 (4.7)	0
Other	7 (1.3)	3 (1.2)	2 (0.8)	2 (6.1)
Tumor microsatellite instability status				
High	144 (26.8)	65 (26.2)	68 (26.5)	11 (33.3)
Low or stable	21 (3.9)	5 (2.0)	9 (3.5)	7 (21.2)
Not done or undetermined	372 (69.3)	178 (71.8)	179 (69.9)	15 (45.5)
Tumor immunohistochemistry analysis				
<i>MLH1</i>				
Not expressed	52 (9.7)	49 (19.8)	3 (1.2)	0
Expressed	88 (16.4)	12 (4.8)	61 (23.8)	15 (45.5)
Not done or undetermined	397 (73.9)	187 (75.4)	192 (75.0)	18 (54.5)
<i>MSH2</i>				
Not expressed	56 (10.4)	3 (1.2)	52 (20.3)	1 (3.0)
Expressed	86 (16.0)	58 (23.4)	14 (5.5)	14 (42.4)
Not done or undetermined	395 (73.6)	187 (75.4)	190 (74.2)	18 (54.6)
<i>MSH6</i>				
Not expressed	54 (10.1)	5 (2.0)	38 (14.8)	11 (33.3)
Expressed	46 (8.6)	37 (14.9)	8 (3.2)	1 (3.0)
Not done or undetermined	437 (81.4)	206 (83.1)	210 (82.0)	21 (63.7)
Type of mutations				
Large genomic rearrangements	59 (11.0)	12 (4.8)	47 (18.4)	0
Non-sense	129 (24.0)	60 (24.2)	60 (23.4)	9 (27.3)
Frameshift	147 (27.4)	56 (22.6)	70 (27.3)	21 (63.6)
Splice site	90 (16.8)	47 (19.0)	41 (16.0)	2 (6.1)
Missense and in-frame small deletion ^a	112 (20.8)	73 (29.4)	38 (14.9)	1 (3.0)

Abbreviation: CRC, colorectal cancer.

^aVariant of uncertain significance: 35 (17 *MLH1*, 17 *MSH2*, 1 *MSH6*).

Table 2. Characteristics of Tumors According to the Mutated Mismatch Repair Gene

	Tumor Localization in Affected Individuals ^a							Hereditary Nonpolyposis Colorectal Cancer Spectrum (n = 1787)
	Colorectum (n = 1582)	Endometrium (n = 182)	Ovary (n = 82)	Stomach (n = 65)	Small Bowel (n = 69)	Urothelium (n = 46)	Biliary Tract (n = 10)	
Age at onset, median (range), y	45 (15-95)	49 (26-87)	44 (20-58)	52 (24-81)	51 (29-71)	55 (30-82)	54 (28-97)	45 (15-97)
No. of mutation carriers/No. of genotyped individuals	772/782	108/109	51/51	13/14	43/43	31/31	4/4	844/856
<i>MLH1</i>								
No. of individuals ^a	814	72	31	37	37	4	5	885
Age at onset, median (range), y	45 (15-90)	49 (26-75)	45 (34-58)	52 (24-81)	47 (20-90)	60 (37-67)	50 (39-64)	44 (15-90)
<i>MSH2</i>								
No. of individuals ^a	697	87	44	26	29	37	5	804
Age at onset, median (range), y	44 (16-95)	48 (27-69)	43 (20-58)	52 (30-79)	48 (29-71)	54 (37-82)	57 (28-97)	44 (16-97)
<i>MSH6</i>								
No. of individuals ^a	71	23	7	2	3	5	0	98
Age at onset, median (range), y	54 (24-85)	55 (40-87)	46 (39-55)	63 (45-81)	54 (40-73)	65 (30-75)		55 (24-87)

^aIndicates the number of affected individuals belonging to a given family with mismatch repair gene mutations.

to increase until age 30 years, irrespective of gene mutation.

For endometrial cancer, the estimated cumulative risks by age 70 years were 54% (95% CI, 20%-80%) for *MLH1*, 21% (95% CI, 8%-77%) for *MSH2*, and 16% (95% CI, 8%-32%) for *MSH6*. By age 40 years, the estimated cumulative risk did not exceed 2%, irrespective of gene mutation.

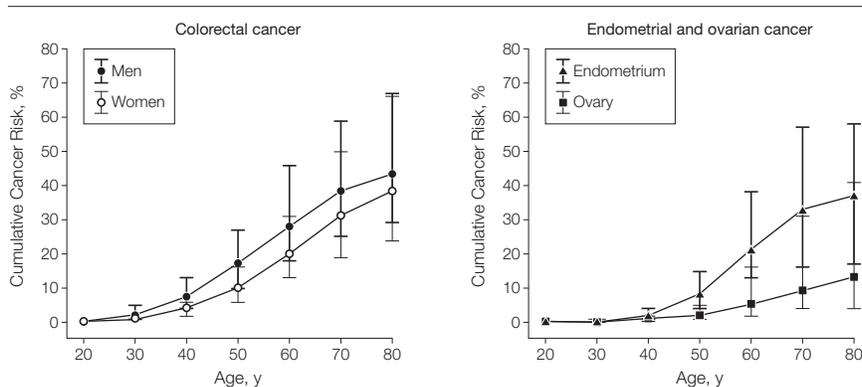
For ovarian cancer, the estimated cumulative risks by age 70 years were 20% (95% CI, 1%-65%) for *MLH1*, 24% (95% CI, 3%-52%) for *MSH2*, and 1% (95% CI, 0%-3%) for *MSH6*. By age 40 years, the estimated cumulative risk did not exceed 1%, irrespective of gene mutation.

For other Lynch syndrome-associated cancers, the estimated cumulative risks by age 70 years did not exceed 3% overall and were consistently lower among families with the *MSH6* mutations than in those carrying the other gene mutations (TABLE 4).

COMMENT

Using a method that corrects for selection bias, this nationwide study of 537 French families with Lynch syndrome provides age-specific cumulative estimates of the cancer risks associated with each of the 3 main MMR gene mutations and for various tumor sites.

Figure. Cumulative Risks of Cancer by Age for All Genes



See eTable 3 (available at <http://www.jama.com>) for the number of affected individuals and the number of family members contributing to the likelihood for risk estimation. Error bars indicate 95% confidence intervals.

Our findings confirm that *MSH6* mutation carriers have markedly lower cancer risks overall than *MLH1* or *MSH2* mutation carriers. The risks of colorectal cancer are of the same magnitude in *MLH1* and *MSH2* mutation carriers, whereas the former have a slightly higher risk of endometrial cancer. We have also shown that the cumulative risk for ovarian cancer among *MLH1* and *MSH2* mutation carriers is high by the age of 70 years but does not increase appreciably until after the age of 40 years.

Colorectal Cancer

We provide evidence that the penetrance of colorectal cancer among patients with Lynch syndrome is lower than previously reported in studies that did not properly correct for selection bias¹⁸⁻²⁷ (eTable 5, available at <http://www.jama.com>). Studies taking ascertainment bias fully into account report risks similar to ours, with ranges between 27% and 45% for men, and between 22% and 38% for women¹⁰⁻¹³ (eTable 5).

Our estimates were markedly lower among *MSH6* mutation carriers than

Table 3. Age-Specific Cumulative Risks of Colorectal Cancer, Endometrial Cancer, and Ovarian Cancer According to Gene for Mismatch Repair Mutation Carriers^a

Age, y	Cumulative Risk, % (95% Confidence Interval)											
	Colorectal Cancer				Endometrial Cancer				Ovarian Cancer			
	Carriers				Carriers				Carriers			
	All	<i>MLH1</i>	<i>MSH2</i>	<i>MSH6</i>	All	<i>MLH1</i>	<i>MSH2</i>	<i>MSH6</i>	All	<i>MLH1</i>	<i>MSH2</i>	<i>MSH6</i>
20	0 (0-1)	0 (0-1)	0 (0-1)	0	0	0	0	0	0	0	0	0
30	2 (1-3)	1 (0-3)	2 (1-5)	0 (0-1)	0 (0-1)	0 (0-1)	0 (0-1)	0	0	0	0 (0-1)	0
40	5 (3-8)	6 (3-11)	8 (4-13)	1 (0-3)	2 (1-4)	1 (0-4)	2 (0-7)	1 (0-2)	1 (0-1)	0 (0-2)	1 (0-3)	0
50	13 (9-19)	14 (8-27)	20 (13-30)	3 (2-6)	8 (4-15)	9 (3-19)	8 (3-21)	3 (1-8)	3 (1-5)	4 (0-11)	4 (1-9)	0 (0-1)
60	24 (17-35)	28 (16-49)	36 (23-54)	6 (4-12)	23 (12-38)	32 (12-55)	18 (8-53)	9 (5-19)	7 (2-21)	15 (1-45)	11 (2-28)	1 (0-2)
70	35 (25-49)	41 (25-70)	48 (30-77)	12 (8-22)	34 (16-58)	54 (20-80)	21 (8-77)	16 (8-32)	8 (2-37)	20 (1-65)	24 (3-52)	1 (0-3)
80	42 (30-60)	49 (29-85)	52 (31-90)	18 (13-30)	35 (17-60)	57 (22-82)	21 (9-82)	17 (8-47)	8 (2-39)	20 (1-66)	38 (3-81)	1 (0-3)

^aSee eTable 3 (available at <http://www.jama.com>) for the number of affected individuals and the number of family members contributing to the likelihood for risk estimation.

Table 4. Cumulative Risks of Other Hereditary Nonpolyposis Colorectal Cancer Localizations According to the Mutated Gene^a

Localization	Cumulative Cancer Risk at 70 Years, % (95% Confidence Interval)			
	<i>MLH1</i>	<i>MSH2</i>	<i>MSH6</i>	Total
Stomach	6 (0.2-17)	0.2 (0-10)	0	0.7 (0.08-4.4)
Urothelium	0.2 (0-2.6)	2.2 (0.6-8)	0.7 (0-2.1)	1.9 (0.3-5.3)
Small bowel	0.4 (0.1-3)	1.1 (0-5)	0	0.6 (0.1-1.3)
Biliary tract	1.9 (0-15)	0.02 (0-0.2)	0	0.6 (0.07-2.5)

^aSee eTable 4 (available at <http://www.jama.com>) for the number of affected individuals and the number of family members contributing to the likelihood for risk estimation.

among carriers of other relevant mutations. To our knowledge, the only other large study to have looked at this population of *MSH6* mutation carriers involved 113 families and reported findings that were close to ours with estimated risks for colorectal cancer by age 70 years of 22% (95% CI, 14%-32%) for men and 10% (95% CI, 5%-17%) for women.²⁸ Both studies found that colorectal cancer risk by age 50 years is similar to lifetime risk estimated for the general population.²⁹

To date, colonoscopy every 1 to 2 years starting at age 20 to 25 years has generally been recommended for patients with Lynch syndrome, whatever the mutated MMR gene involved.^{7,8} Our findings support this recommendation for *MLH1* or *MSH2* mutation carriers but clearly indicate that endoscopic surveillance should be postponed until age 30 or 35 years for *MSH6* mutation carriers, as was suggested by Lindor et al.⁶ Prospective cohorts of *MSH6* mutation carriers should be examined to confirm the efficiency of this screening strategy.

Gynecological Cancers

The estimated cumulative risk by age 70 years for endometrial cancer was similar to the 32% to 42% rates reported in studies correcting for selection bias^{11,13,26} (eTable 5 available at <http://www.jama.com>). In our series, *MLH1* mutation carriers showed substantially higher risks of developing endometrial cancer by age 70 years than carriers of *MSH2* gene mutations, which is similar to the findings of Quehenberger et al¹³ (66% and 22%, respectively).

For *MSH6* mutation carriers, Baglietto et al²⁸ reported an estimated risk of endometrial cancer by age 70 years of 26%, which is slightly higher than what we found.

In our study, the estimated cumulative risks by age 70 years for ovarian cancer for *MLH1* or *MSH2* mutation carriers were higher than those previously reported: 2 studies showed risks of 12%²¹ and 4% to 6%² for *MLH1* mutations and of 8% to 12%² for *MSH2* mutations. In these studies, cases did not seem to be censored at the date of gynecological sur-

gery, which could have led to an underestimate of the risks. When this censoring was not performed in our data set, estimated risks for ovarian cancer were close to 8% to 15% (data not shown). In addition, we found that the risk of developing ovarian cancer by age 40 years seemed not to exceed 2% to 3%, which is similar to the estimated risk for ovarian cancer for *BRCA1* mutation carriers.³⁰

These results contribute new complementary data to the discussion of preventive gynecological care. Clinical guidelines state that prophylactic gynecological surgery should be considered in women with Lynch syndrome.^{6,8} Screening for the early detection of gynecological cancers has not proven effective, especially for ovarian cancer. In contrast, prophylactic hysterectomy and bilateral salpingo-oophorectomy have been associated with reducing gynecological cancer risks in these women.^{31,32} Our findings should help in identifying more precisely the target population for surgery and address the issue of optimum age. For *MLH1* or *MSH2* mutation carriers, given the bad prognosis of ovarian cancer, bilateral oophorectomy should be considered. However, after discussion about risks and adverse effects with the women concerned, surgery could justifiably be postponed until age 40 years as was recommended for *BRCA1* mutation carriers.³³ Given the elevated risk of endometrial cancer, this could reasonably be accompanied by hysterectomy. Before the age of 40 years, the benefits of preventive surgery might not

outweigh the risks of inducing a premature menopause and definitive infertility. For *MSH6* mutation carriers, our data suggest that the role of prophylactic gynecological surgery is more debatable because the risk of ovarian cancer by age 70 years was close to the lifetime risk estimated for the general population.²⁹

Other Tumors

Finally, our relatively powerful estimates of the cumulative risks by age 70 years for other rare Lynch syndrome-associated cancers do not exceed 3% and do not support any specific screening recommendation. However, the higher risk of stomach cancer (up to 6%) in *MLH1* mutation carriers should be a cause for concern, especially since one recent study reported similar elevated cumulative risks of 4% and 7% by age 70 years for *MLH1* and *MSH2* mutation carriers, respectively.³⁴ The issue of gastric surveillance should be addressed. Because MMR mutations might also confer risks of developing less common tumors such as pancreatic cancer,³⁵ further analyses are warranted to estimate risk of this and other cancers.

Strengths and Limitations

The major strength of our study is the large sample size, especially the high number of families identified with *MLH1* or *MSH2* mutations (248 and 256, respectively). This allowed us to calculate cancer risk estimates for each MMR gene and each tumor of the Lynch syndrome spectrum. Another strength is that the statistical method used corrects for selection bias due to recruitment of families with multiple cases of cancer. Furthermore, the extended version of the ascertainment-adjusted GRL method simultaneously takes into account various traits for the phenotype, ie, the different tumors of the Lynch syndrome spectrum, and eliminates the bias induced by analyzing each trait separately that should lead to an underestimate of the risks.¹⁵ However, the trade off when using a retrospective likelihood is the rather wide CIs. This is especially apparent in the older age groups because many family members had not reached old age and when they did were seldom geno-

typed. However, risk estimates for people younger than 50 years were more precise and should provide more relevant clinical information. Because our study was based on recruitment through cancer genetics clinics and even though we corrected for the ascertainment bias, the estimated risks we found might not reflect the average risks for the MMR mutation carriers in the population as a whole if there is heterogeneity in these risks. A prospective study would partly overcome these problems, but population-based studies are difficult to organize due to the low frequency of colorectal cancer associated with the MMR genes. Efforts should be made to better recognize families in which there is suspicion of Lynch syndrome and to refer them to cancer genetics clinics.³⁶ However, our current estimates are relevant to the genetic counseling of members of multiple-case cancer families of the kind typically seen in clinical practice. In addition, the mutational spectrum in the MMR genes was quite heterogeneous in our study. As only 5.3% of the mutations were identified in 5 or more families without any strong indication for a founder effect, the estimated cancer risks should not be particular to the French population.

Another issue might be due to misclassifications. As was the case in similar studies, we were not able to confirm all cancer diagnoses.^{12,13,26,28} This was mainly due to the retrospective design and the inaccessibility of the older medical or histological reports. Nevertheless, the rates of confirmed diagnoses before age 40 years were 85.7% for endometrial and 90.5% for ovarian cancers. Any potential misclassification would be unlikely to produce differential biases and to substantially modify our results, especially for estimates of cumulative risk by 40 years. Finally, 5.9% of pathologic mutations were reclassified as variants of uncertain significance. Therefore, a complementary analysis, which included only the 502 families with clearly pathogenic mutations, allowed us to verify that results did not change (eTables 6 and 7, available at <http://www.jama.com>).

CONCLUSIONS

This analysis of a nationwide series of 537 families with Lynch syndrome provides age- and gene-specific risk estimates for each tumor of the spectrum. The results should help clarify the phenotypic differences between *MSH6*, *MLH1*, or *MSH2* mutation carriers and highlight the clinical significance of the risk of gynecological (and especially ovarian) cancers.

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