



ROBERT WOOD JOHNSON  
MEDICAL SCHOOL

University of Medicine & Dentistry of New Jersey



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**Experts at The Cancer Institute of New Jersey Discuss “Living with Advanced Breast Cancer”**  
*CINJ in Collaboration with The Wellness Community of Central New Jersey Hosts Free Workshop*

**New Brunswick, N.J., November 21, 2007** – In an effort to educate women who are diagnosed with advanced breast cancer, The Cancer Institute of New Jersey (CINJ) in collaboration with The Wellness Community of Central New Jersey, is hosting a free workshop next month that will cover various aspects from treatment to survivorship issues. “The Patient Active Guide to Living with Advanced Breast Cancer” event, which will feature lectures and a light dinner, will be held on Wednesday, December 5 at the CINJ auditorium, 195 Little Albany Street in New Brunswick from 5:30 p.m. – 8:00 p.m. CINJ is a center of excellence of UMDNJ-Robert Wood Johnson Medical School.

The program, developed by The Wellness Community – National in collaboration with Living Beyond Breast Cancer and made possible through an unrestricted education grant from GlaxoSmithKline Oncology, will cover the latest treatments for advanced (metastatic) breast cancer. Deborah L. Toppmeyer, M.D., who is the director of the New Jersey Comprehensive Breast Care Center and the LIFE Center at CINJ and is an associate professor of medicine at UMDNJ-Robert Wood Johnson Medical School, will be one of the featured speakers and will discuss the latest in breast cancer clinical research studies.

Discussing side effects and side effect management will be Jacquelyn H. Lauria, M.S., R.N., A.P.N.C., A.O.C.N.P., who is a medical breast oncology advanced practice nurse at CINJ. Addressing the social and emotional challenges of such a diagnosis will be Linda J. Patrick-Miller, Ph.D., director of the Division of Behavioral Science at CINJ and an assistant professor of psychiatry at UMDNJ-Robert Wood Johnson Medical School.

Leah Scaramuzzo, M.S.N., R.N.C., A.O.C.N., an oncology education specialist at CINJ, notes the program will provide women and their families with the opportunity to learn more about the disease, “It is important that women develop the skills necessary to become an active and informed partner with their treatment team. This workshop will not only inform them, but will help empower women to be active participants in their cancer journey.”

While the event will address the needs of the newly diagnosed, it will also include information relevant to women who have lived two-to-five years with metastatic breast cancer.

The program is free, but registration is required by calling The Wellness Community of Central New Jersey at 908-658-5400.

**About The Cancer Institute of New Jersey**

The Cancer Institute of New Jersey is the state’s first and only National Cancer Institute-designated

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Comprehensive Cancer Center, and is dedicated to improving the prevention, detection, treatment and care of patients with cancer. CINJ's physician-scientists engage in translational research, transforming their laboratory discoveries into clinical practice quite literally bringing research to life. The Cancer Institute of New Jersey is a center of excellence of UMDNJ-Robert Wood Johnson Medical School. To support CINJ, please call the Cancer Institute of New Jersey Foundation at 1-888-333-CINJ.

The Cancer Institute of New Jersey Network is comprised of hospitals throughout the state and provides a mechanism to rapidly disseminate important discoveries into the community. Partner Hospitals: Robert Wood Johnson University Hospital, Atlantic Health (Morristown Memorial Hospital and Overlook Hospital). Affiliate Hospitals: Bayshore Community Hospital, CentraState Healthcare System, Cooper University Hospital\*, Jersey Shore University Medical Center, JFK Medical Center, Raritan Bay Medical Center, Robert Wood Johnson University Hospital at Hamilton (CINJ-Hamilton), Saint Peter's University Hospital, Somerset Medical Center, Southern Ocean County Hospital, The University Hospital/UMDNJ-New Jersey Medical School\*, and University Medical Center at Princeton. \*Academic Affiliate

### **About The Wellness Community**

The Wellness Community of Central New Jersey is part of a national non-profit organization dedicated to providing support, education and hope for people with cancer and their loved ones. Through participation in professionally led support groups, educational workshops and mind/body classes, people affected by cancer learn vital skills that enable them to regain control, reduce isolation and restore hope regardless of the stage of the disease. Most importantly, TWC provides a home-like setting because TWC-CNJ believes no one should face cancer alone. At The Wellness Community, all programs are free of charge. The Wellness Community of Central New Jersey is located at 3 Crossroads Drive in Bedminster, NJ. Their website is [www.thewellnesscommunity.org/cnj](http://www.thewellnesscommunity.org/cnj)

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