



ROBERT WOOD JOHNSON
MEDICAL SCHOOL

University of Medicine & Dentistry of New Jersey



Contact: Michele Fisher
Media Relations Specialist
732/235-9872
fisherm2@umdnj.edu

A Dash of T.L.C. from The Cancer Institute of New Jersey Spices up Summer Barbecue Season
Cookbook Proceeds will Benefit Scholarships and Professional Development for Nursing Education

New Brunswick, N.J., June 27, 2008 – From “Chicken Under a Brick” to “Joyce’s Deep Fried Sweet Plantains,” there is bound to be something for everyone’s palate this barbecue season in a new cookbook developed and compiled by oncology nurses at The Cancer Institute of New Jersey (CINJ). Proceeds from the sale of the book *A Dash of T.L.C.* will go to the Cancer Institute of New Jersey Foundation to benefit CINJ Nursing Education. CINJ is a Center of Excellence of UMDNJ-Robert Wood Johnson Medical School.

A Dash of T.L.C. contains more than 170 recipes submitted by CINJ doctors, nurses and staff and comes in a soft-cover, spiral-bound book, which also features a measurement conversion table, tips on how to marinate meat and choose fresh produce, and other useful charts and diagrams related to cooking, baking and entertaining with food.

The inside cover reads: *This cookbook is dedicated to our patients and their families. It is through them that we learn to appreciate the simple pleasures of life.* Lois Talty, B.S.N., R.N., O.C.N., an oncology education specialist at CINJ, who helped spearhead the effort, says one of those simple pleasures is food, “Cooking often forces us to slow down and spend time with our loved ones, which is a message we receive every day from our patients. Not only are we encouraging families to spend time together through cooking, but the sale of these books will also help foster professional growth and leadership development opportunities for our nurses.”

Monies raised through the sale of the cookbook will go toward providing nursing education scholarships and classroom education; bringing in nationally-known guest speakers to talk about evidence-based nursing practice; and offering access to the latest in equipment and technology related to the field of oncology nursing.

Other delectable delights to round out your picnic table include “Coconut Sticky Rice Pudding,” “East 62nd Street Lemon Cake,” and “Magic Potion Meatballs.” Cookbooks cost \$20.00 each (or two for \$30.00) and can be purchased online at www.cinjfoundation.org or by calling the CINJ Foundation at 732-235-8614.

The CINJ Foundation raises funds to support cancer research, treatment, prevention and education programs at CINJ. Gifts are received from corporations, foundations, individuals, special events and through planned gifts. To make a tax-deductible gift to New Jersey’s only NCI-designated Comprehensive Cancer Center call 732-235-8614 or visit www.cinjfoundation.org.

About The Cancer Institute of New Jersey

The Cancer Institute of New Jersey is the state’s first and only National Cancer Institute-designated Comprehensive Cancer Center, and is dedicated to improving the prevention, detection, treatment and care of patients with cancer. CINJ’s physician-scientists engage in translational research, transforming their

laboratory discoveries into clinical practice quite literally bringing research to life. The Cancer Institute of New Jersey is a center of excellence of UMDNJ-Robert Wood Johnson Medical School. To support CINJ, please call the Cancer Institute of New Jersey Foundation at 1-888-333-CINJ.

The Cancer Institute of New Jersey Network is comprised of hospitals throughout the state and provides a mechanism to rapidly disseminate important discoveries into the community. Partner Hospital: Robert Wood Johnson University Hospital. Affiliate Hospitals: Bayshore Community Hospital, CentraState Healthcare System, Cooper University Hospital*, Jersey Shore University Medical Center, JFK Medical Center, Morristown Memorial Hospital, Overlook Hospital, Raritan Bay Medical Center, Robert Wood Johnson University Hospital at Hamilton (CINJ-Hamilton), Saint Peter's University Hospital, Somerset Medical Center, Southern Ocean County Hospital, The University Hospital/UMDNJ-New Jersey Medical School*, and University Medical Center at Princeton. *Academic Affiliate

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